



Figaro's Italian Pizza, Inc Nutritional Facts

Allergen Statement:

Items may contain [C]rustaceam, [E]gg, [F]ish, [G]luten, [M]ilk, [MU]stard, [P]eanut, [SE]same seeds, [SH]ellfish, [S]oy, [T]ree nuts or [W]heat

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Table with 3 columns: PIZZA / CALZONE SIZES, SLICES, SERVES. Lists sizes like Extra Large Pizza (XL) 16" and their corresponding slice and serve counts.

Main nutritional facts table with 28 columns. Includes categories like PIZZA, BBQ Chicken, Cheese, Chicken Bacon Ranch, Chicken Fajita, and Figaro's Special. Each row lists item details and nutritional values.

Nutritional reports and analysis were compiled from the data supplied by Figaro's Italian Pizza, Inc® using Genesis® software, and The Food Processor software from ESHA Research, Salem, Oregon.



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Items may contain [C]rustacean, [E]gg, [F]ish, [G]luten, [M]ilk, [MU]stard, [P]eanut, [SE]same seeds, [SH]ellfish, [S]oy, [T]ree nuts or [W]heat

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PIZZA / CALZONE SIZES	SLICES	SERVES
Extra Large Pizza (XL) 16"	12	4-6
Large Pizza (LG) 14"	8	3-4
Medium Pizza (MED) 12"	8	2-3
Personal Pizza 8"	4	2
Family Calzone	6	3-4
Medium Calzone	4	2-3
Personal Calzone	2	1-2

FIGARO'S NUTRITIONAL FACTS			% Daily Value																			
PIZZA (cont.)	Allergens	Serving Size Measure	Calories (kcal)	Fat (g)	Fat %	Saturated Fat (g)	Saturated Fat %	Trans Fatty Acid (g)	Cholesterol (mg)	Cholesterol %	Sodium (mg)	Sodium %	Carbohydrates (g)	Carbohydrates %	Dietary Fiber (g)	Dietary Fiber %	Total Sugars (g)	Protein (g)	Vitamin A %	Vitamin C %	Calcium %	Iron %
Garden Veggie, Large Original	E,M,S,W	1 slice	280	10	13	4	20	0	30	10	830	36	37	13	1	4	5	12	0	10	15	10
Garden Veggie, Large Pan	E,M,S,W	1 slice	350	15	19	5	25	0	30	10	870	38	42	15	1	4	7	13	0	15	15	10
Garden Veggie, Large Thin	M,S,W	1 slice	210	9	12	4	20	0	25	8	650	28	24	9	0	4	10	0	10	15	10	10
Garden Veggie, Medium Original	E,M,S,W	1 slice	200	7	9	3	15	0	20	7	590	26	27	10	1	4	4	8	0	8	10	6
Garden Veggie, Medium Pan	E,M,S,W	1 slice	240	10	13	3	15	0	20	7	620	27	300	11	1	4	5	9	0	10	10	10
Garden Veggie, Medium Thin	M,S,W	1 slice	150	6	8	2.5	13	0	15	8	460	20	18	7	0	0	3	7	0	8	10	6
Garden Veggie, XL Original	E,M,S,W	1 slice	260	9	12	3.5	18	0	25	8	770	33	35	13	1	4	5	11	0	10	15	10
Garden Veggie, XL Pan	E,M,S,W	1 slice	320	14	18	4.5	23	0	25	8	790	34	38	14	1	4	6	12	0	15	15	10
Garden Veggie, XL Thin	M,S,W	1 slice	190	8	10	3.5	18	0	20	7	590	26	22	8	0	0	3	9	0	10	15	6
Garlic Chicken, Large Original	E,M,S,W	1 slice	360	17	22	5	25	0	45	15	980	43	36	13	1	4	4	14	0	8	15	10
Garlic Chicken, Large Pan	E,M,S,W	1 slice	420	22	28	6	30	0	45	15	1020	44	41	15	1	4	5	15	0	10	15	15
Garlic Chicken, Large Thin	E,M,S,W	1 slice	290	16	21	5	25	0	40	13	800	35	24	9	0	0	2	12	0	6	15	10
Garlic Chicken, Medium Original	E,M,S,W	1 slice	240	10	13	3.5	18	0	30	10	670	29	26	9	1	4	3	10	0	6	10	10
Garlic Chicken, Medium Pan	E,M,S,W	1 slice	280	13	17	4	20	0	30	10	700	30	29	11	1	4	4	11	0	8	10	10
Garlic Chicken, Medium Thin	E,M,S,W	1 slice	190	10	13	3.5	18	0	25	8	540	23	17	6	0	0	1	8	0	4	10	6
Garlic Chicken, XL Original	E,M,S,W	1 slice	330	16	21	5	25	0	40	13	910	40	34	12	1	4	3	13	0	8	15	10
Garlic Chicken, XL Pan	E,M,S,W	1 slice	390	20	26	6	30	0	45	15	940	41	37	13	1	4	5	14	0	10	15	10
Garlic Chicken, XL Thin	E,M,S,W	1 slice	260	15	19	5	25	0	35	12	730	32	22	8	0	0	2	11	0	6	15	10
Garlic Club, Large Original	E,M,S,W	1 slice	380	28	36	17	85	0	55	18	1080	47	35	13	1	4	4	21	0	4	15	10
Garlic Club, Large Pan	E,M,S,W	1 slice	450	33	42	18	90	0	60	20	1120	49	40	15	1	4	5	22	0	8	15	15
Garlic Club, Large Thin	E,M,S,W	1 slice	310	27	35	17	85	0	50	17	900	39	23	8	0	0	2	18	0	4	15	10
Garlic Club, Medium Original	E,M,S,W	1 slice	260	18	23	12	60	0	40	13	750	33	26	9	1	4	3	15	0	4	10	10
Garlic Club, Medium Pan	E,M,S,W	1 slice	300	21	27	12	60	0	40	13	780	34	29	11	1	4	4	15	0	6	10	10
Garlic Club, Medium Thin	E,M,S,W	1 slice	210	18	23	12	60	0	35	12	620	27	16	6	0	0	1	13	0	2	10	6
Garlic Club, XL Original	E,M,S,W	1 slice	360	26	33	16	80	0	55	18	1020	44	33	12	1	4	3	19	0	4	15	10
Garlic Club, XL Pan	E,M,S,W	1 slice	410	31	40	17	85	0	55	18	1040	45	37	13	1	4	4	20	0	6	15	10
Garlic Club, XL Thin	E,M,S,W	1 slice	290	25	32	16	80	0	45	15	840	37	21	8	0	0	2	17	0	4	15	10
Hawaiian, Large Original	E,M,S,W	1 slice	290	9	12	4.5	23	0	35	12	860	37	39	14	4	1	9	14	0	8	15	10
Hawaiian, Large Pan	E,M,S,W	1 slice	360	14	18	5	25	0	35	12	900	39	44	16	1	4	10	15	0	10	15	10
Hawaiian, Large Thin	M,S,W	1 slice	220	8	10	4.5	23	0	30	10	680	30	27	10	0	0	7	12	0	6	15	10
Hawaiian, Medium Original	E,M,S,W	1 slice	210	6	8	3	15	0	25	8	620	27	29	11	1	4	7	10	0	6	10	10
Hawaiian, Medium Pan	E,M,S,W	1 slice	250	9	12	3.5	18	0	25	8	650	28	32	12	1	4	8	11	0	8	10	10
Hawaiian, Medium Thin	M,S,W	1 slice	160	5	6	3	15	0	20	7	490	21	20	7	0	0	6	8	0	6	10	6
Hawaiian, XL Original	E,M,S,W	1 slice	270	8	10	4	20	0	35	12	810	35	37	13	1	4	9	13	0	8	15	10
Hawaiian, XL Pan	E,M,S,W	1 slice	330	13	17	4.5	23	0	35	12	830	36	41	15	1	4	10	14	0	10	15	10
Hawaiian, XL Thin	M,S,W	1 slice	210	7	9	4	20	0	25	8	630	27	25	9	0	0	7	11	0	6	15	10
Italian Combo, Large Original	E,M,S,W	1 slice	330	14	18	6	30	0	45	15	950	41	36	13	1	4	5	15	0	15	15	10
Italian Combo, Large Pan	E,M,S,W	1 slice	390	19	24	7	35	0	45	15	1000	43	41	15	1	4	6	16	0	20	15	10
Italian Combo Large Thin	M,S,W	1 slice	260	13	17	6	30	0	35	12	770	33	24	9	0	0	3	13	0	15	15	10
Italian Combo, Medium Original	E,M,S,W	1 slice	240	10	13	4.5	23	0	30	10	700	30	27	10	1	4	4	11	0	10	10	10
Italian Combo, Medium Pan	E,M,S,W	1 slice	280	13	17	5	25	0	30	10	730	32	30	11	1	4	5	11	0	15	10	10
Italian Combo, Medium Thin	M,S,W	1 slice	190	9	12	4.5	23	0	25	8	560	24	17	6	0	0	3	9	0	10	10	6
Italian Combo, XL Original	E,M,S,W	1 slice	310	13	17	6	30	0	40	13	900	39	34	12	1	4	5	14	0	15	15	10
Italian Combo, XL Pan	E,M,S,W	1 slice	370	18	23	7	35	0	40	13	930	40	37	13	1	4	6	15	0	15	15	10
Italian Combo, XL Thin	M,S,W	1 slice	240	12	15	6	30	0	35	12	720	31	22	8	0	0	3	12	0	10	15	10
Mama's Favorite, Large Original	E,M,S,W	1 slice	320	13	17	6	30	0	40	13	930	40	36	13	1	4	5	14	0	15	15	10
Mama's Favorite, Large Pan	E,M,S,W	1 slice	400	20	26	7	35	0	45	15	1040	45	41	15	1	4	6	16	0	20	15	10
Mama's Favorite, Large Thin	M,S,W	1 slice	270	14	18	6	30	0	35	12	810	35	24	9	0	0	3	13	0	20	15	10
Mama's Favorite, Medium Original	E,M,S,W	1 slice	240	11	14	4.5	23	0	30	10	710	31	27	10	1	4	4	11	0	15	10	10
Mama's Favorite, Medium Pan	E,M,S,W	1 slice	280	13	17	5	25	0	30	10	740	32	30	11	1	4	5	11	0	15	10	10
Mama's Favorite, Medium Thin	M,S,W	1 slice	190	10	13	4.5	23	0	25	8	580	25	17	6	0	0	3	9	0	15	10	6
Mama's Favorite, XL Original	E,M,S,W	1 slice	320	14	18	6	30	0	40	13	930	40	34	12	1	4	5	14	0	20	15	10
Mama's Favorite, XL Pan	E,M,S,W	1 slice	380	19	24	7	35	0	40	13	960	42	37	13	1	4	6	15	0	20	15	10
Mama's Favorite, XL Thin	M,S,W	1 slice	250	13	17	6	30	0	35	12	750	33	22	8	0	0	3	12	0	15	10	15

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PIZZA / CALZONE SIZES	SLICES	SERVES
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FIGARO'S NUTRITIONAL FACTS	Allergens	Serving Size Measure	Calories (kcal)	% Daily Value																		
				Fat (g)	Fat %	Saturated Fat (g)	Saturated Fat %	Trans Fatty Acid (g)	Cholesterol (mg)	Cholesterol %	Sodium (mg)	Sodium %	Carbohydrates (g)	Carbohydrates %	Dietary Fiber (g)	Dietary Fiber %	Total Sugars (g)	Protein (g)	Vitamin A %	Vitamin C %	Calcium %	Iron %
PIZZA (cont.)																						
Mario's Favorite, Large Original	E, M, S, W	1 slice	350	16	21	6	30	0	40	13	1070	47	36	13	1	4	5	14	0	6	15	10
Mario's Favorite, Large Pan	E, M, S, W	1 slice	410	21	27	7	35	0	45	15	1120	49	41	15	1	4	6	15	0	8	15	10
Mario's Favorite, Large Thin	M, S, W	1 slice	280	15	19	6	30	0	35	12	890	39	24	9	0	0	3	12	0	4	15	10
Mario's Favorite, Medium Original	E, M, S, W	1 slice	250	12	15	4.5	23	0	30	10	780	34	27	10	1	4	3	10	0	4	10	10
Mario's Favorite, Medium Pan	E, M, S, W	1 slice	290	14	18	5	25	0	30	10	810	35	30	11	1	4	4	11	0	6	10	10
Mario's Favorite, Medium Thin	M, S, W	1 slice	200	11	14	4.5	23	0	25	8	640	28	17	6	0	0	2	8	0	4	10	6
Mario's Favorite, XL Original	E, M, S, W	1 slice	330	16	21	6	30	0	40	13	1020	44	34	12	1	4	4	13	0	4	15	10
Mario's Favorite, XL Pan	E, M, S, W	1 slice	380	20	26	7	35	0	40	13	1040	45	37	13	1	4	5	14	0	8	15	10
Mario's Favorite, XL Thin	M, S, W	1 slice	260	15	19	6	30	0	35	12	840	37	22	8	0	0	3	11	0	4	15	10
Mexican Fiesta, Large Original	E, M, S, W	1 slice	380	16	21	7	35	0	45	15	1230	53	43	16	1	4	4	16	0	4	15	10
Mexican Fiesta, Large Pan	E, M, S, W	1 slice	450	21	27	8	40	0	45	15	1290	56	48	17	1	4	5	17	0	8	15	15
Mexican Fiesta, Large Thin	M, S, W	1 slice	320	15	19	7	35	0	40	13	1060	46	31	11	0	0	2	13	0	4	15	10
Mexican Fiesta, Medium Original	E, M, S, W	1 slice	270	10	13	4	20	0	30	10	870	38	32	12	1	4	3	10	0	4	10	10
Mexican Fiesta, Medium Pan	E, M, S, W	1 slice	310	13	17	4.5	23	0	30	10	900	39	35	13	1	4	4	11	0	6	10	10
Mexican Fiesta, Medium Thin	M, S, W	1 slice	220	10	13	4	20	0	25	8	730	32	23	8	0	0	2	9	0	2	10	6
Mexican Fiesta, XL Original	E, M, S, W	1 slice	370	16	21	6	30	0	45	15	1130	49	42	15	1	4	4	15	0	4	15	10
Mexican Fiesta, XL Pan	E, M, S, W	1 slice	430	20	26	7	35	0	45	15	1160	50	45	16	1	4	5	15	0	6	15	10
Mexican Fiesta, XL Thin	M, S, W	1 slice	300	15	19	6	30	0	35	12	950	41	30	11	0	0	2	12	0	4	15	10
Papa's, Large Original	E, M, S, W	1 slice	350	16	21	7	35	0	50	17	1130	49	35	13	1	4	5	17	0	10	15	10
Papa's, Large Pan	E, M, S, W	1 slice	420	21	27	8	40	0	55	18	1170	51	40	15	1	4	6	18	0	15	15	15
Papa's, Large Thin	M, S, W	1 slice	280	15	19	7	35	0	45	15	950	41	23	8	0	0	3	15	0	8	15	10
Papa's, Medium Original	E, M, S, W	1 slice	260	11	14	5	25	0	35	12	820	36	26	9	1	4	4	12	0	8	10	10
Papa's, Medium Pan	E, M, S, W	1 slice	300	14	18	6	30	0	35	12	850	37	29	11	1	4	5	13	0	10	10	10
Papa's, Medium Thin	M, S, W	1 slice	210	11	14	5	25	0	30	10	690	30	17	6	0	0	2	11	0	6	10	6
Papa's, XL Original	E, M, S, W	1 slice	340	15	19	7	35	0	50	17	1080	47	33	12	1	4	4	16	0	8	15	10
Papa's, XL Pan	E, M, S, W	1 slice	390	20	26	8	40	0	50	17	1110	48	36	13	1	4	5	17	0	10	15	10
Papa's, XL Thin	M, S, W	1 slice	270	14	18	7	35	0	45	15	900	39	21	8	0	0	3	14	0	8	15	10
Pepperoni, Large Original	E, M, S, W	1 slice	320	13	17	6	30	0	40	13	930	40	35	13	1	4	5	14	0	6	15	10
Pepperoni, Large Pan	E, M, S, W	1 slice	380	18	23	7	35	0	45	15	980	43	40	15	1	4	6	15	0	8	15	10
Pepperoni, Large Thin	M, S, W	1 slice	250	13	17	6	30	0	35	12	750	33	23	8	0	0	3	12	0	4	15	10
Pepperoni, Medium Original	E, M, S, W	1 slice	230	10	13	4.5	23	0	30	10	680	30	26	9	1	4	3	10	0	4	10	10
Pepperoni, Medium Pan	E, M, S, W	1 slice	270	12	15	5	25	0	30	10	700	30	29	11	1	4	4	11	0	6	10	10
Pepperoni, Medium Thin	M, S, W	1 slice	180	9	12	4.5	23	0	25	8	540	23	17	6	0	0	2	8	0	4	10	6
Pepperoni, XL Original	E, M, S, W	1 slice	300	13	17	6	30	0	40	13	880	38	33	12	1	4	4	13	0	4	15	10
Pepperoni, XL Pan	E, M, S, W	1 slice	360	17	22	7	35	0	40	13	900	39	36	13	1	4	5	14	0	8	15	10
Pepperoni, XL Thin	M, S, W	1 slice	230	12	15	6	30	0	30	10	700	30	21	8	0	0	3	11	0	4	15	10
Personal Pizza, Cheese	E, M, S, W	1 slice	160	4.5	6	2.5	13	0	15	5	450	20	22	8	1	4	3	7	0	4	8	6
Personal Pizza, Hawaiian	E, M, S, W	1 slice	170	5	6	2.5	13	0	20	7	520	23	24	9	1	4	5	8	0	6	8	6
Personal Pizza, Pepperoni	E, M, S, W	1 slice	180	7	9	3	15	0	20	7	530	23	22	8	1	4	3	8	0	4	8	6
Pesto Chicken, Large Original	E, M, S, W	1 slice	390	19	24	7	35	0	35	12	1160	50	37	13	1	4	3	16	0	4	20	10
Pesto Chicken, Large Pan	E, M, S, W	1 slice	450	24	31	7	35	0	35	12	1200	52	42	15	1	4	5	17	0	6	20	10
Pesto Chicken, Large Thin	M, S, W	1 slice	320	19	24	6	30	0	30	10	980	43	25	9	0	0	2	14	0	2	20	10
Pesto Chicken, Medium Original	E, M, S, W	1 slice	260	12	15	4	20	0	25	8	790	34	27	10	1	4	2	1	0	2	15	6
Pesto Chicken, Medium Pan	E, M, S, W	1 slice	300	15	19	4.5	23	0	25	8	820	36	30	11	1	4	3	12	0	4	15	10
Pesto Chicken, Medium Thin	M, S, W	1 slice	210	12	15	4	20	0	20	7	660	29	18	7	0	0	1	9	0	2	15	6
Pesto Chicken, XL Original	E, M, S, W	1 slice	360	18	23	6	30	0	35	12	1080	47	35	13	1	4	3	15	0	2	20	10
Pesto Chicken, XL Pan	E, M, S, W	1 slice	420	22	28	7	35	0	35	12	1100	48	38	14	1	4	4	16	0	6	20	10
Pesto Chicken, XL Thin	M, S, W	1 slice	290	17	22	6	30	0	25	8	900	39	23	8	0	0	1	12	0	2	20	10
Royal Hawaiian, Large Original	E, M, S, W	1 slice	300	15	19	11	55	0	40	13	910	40	38	14	1	4	8	17	0	6	15	10
Royal Hawaiian, Large Pan	E, M, S, W	1 slice	340	17	22	11	55	0	40	13	960	42	43	16	1	4	9	18	0	10	15	10
Royal Hawaiian, Large Thin	M, S, W	1 slice	230	14	18	11	55	0	35	12	730	32	26	9	0	0	6	15	0	6	15	10

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Extra Large Pizza (XL) 16"	12	4-6
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	Allergens	Serving Size Measure	Calories (kcal)	Fat (g)	Fat %	Saturated Fat (g)	Saturated Fat %	Trans Fatty Acid (g)	Cholesterol (mg)	Cholesterol %	Sodium (mg)	Sodium %	Carbohydrates (g)	Carbohydrates %	Dietary Fiber (g)	Dietary Fiber %	Total Sugars (g)	Protein (g)	Vitamin A %	Vitamin C %	Calcium %	Iron %	
			PIZZA (cont.)																				
Royal Hawaiian, Medium Original	E,M,S,W	1 slice	220	11	14	8	40	0	30	10	660	29	28	10	1	4	6	12	0	6	10	10	
Royal Hawaiian, Medium Pan	E,M,S,W	1 slice	240	12	15	8	40	0	30	10	690	30	31	11	1	4	7	13	0	8	10	10	
Royal Hawaiian, Medium Thin	M,S,W	1 slice	170	10	13	8	40	0	25	8	530	23	19	7	0	0	4	10	0	4	10	6	
Royal Hawaiian, XL Original	E,M,S,W	1 slice	280	14	18	11	55	0	40	13	860	37	36	13	1	4	7	16	0	6	15	10	
Royal Hawaiian, XL Pan	E,M,S,W	1 slice	310	16	21	11	55	0	40	13	890	39	39	14	1	4	8	17	0	8	15	10	
Royal Hawaiian, XL Thin	M,S,W	1 slice	210	14	18	10	50	0	30	10	680	30	24	9	0	0	6	14	0	6	15	10	
Santa Fe BBQ Chicken, Large Original	E,M,S,W	1 slice	340	10	13	4.5	23	0	35	12	1000	43	49	18	1	4	15	13	0	6	15	10	
Santa Fe BBQ Chicken, Large Pan	E,M,S,W	1 slice	400	15	19	5	25	0	35	12	1040	45	54	20	1	4	16	14	0	10	15	10	
Santa Fe BBQ Chicken, Large Thin	M,S,W	1 slice	270	9	12	4.5	23	0	25	8	820	36	37	13	0	0	4	13	11	0	6	15	10
Santa Fe BBQ Chicken, Medium Original	E,M,S,W	1 slice	240	7	9	3	15	0	20	7	690	30	34	12	1	4	9	9	0	4	10	10	
Santa Fe BBQ Chicken, Medium Pan	E,M,S,W	1 slice	270	10	13	3.5	18	0	25	8	720	31	37	13	1	4	10	10	0	6	10	10	
Santa Fe BBQ Chicken, Medium Thin	M,S,W	1 slice	180	6	8	3	15	0	15	5	550	24	25	9	0	0	8	8	0	4	10	6	
Santa Fe BBQ Chicken, XL Original	E,M,S,W	1 slice	320	9	12	4	20	0	30	10	940	41	47	17	1	4	14	12	0	6	15	10	
Santa Fe BBQ Chicken, XL Pan	E,M,S,W	1 slice	370	14	18	5	25	0	30	10	960	42	50	18	1	4	16	13	0	8	15	10	
Santa Fe BBQ Chicken, XL Thin	M,S,W	1 slice	250	8	10	4	20	0	25	8	760	33	33	12	0	0	12	10	0	6	15	10	
Side by Side, Large Original	E,M,S,W	1 slice	300	11	14	5	25	0	40	13	900	39	37	13	1	4	7	14	0	6	15	10	
Side by Side, Large Pan	E,M,S,W	1 slice	370	16	21	6	30	0	40	13	940	41	42	15	1	4	8	15	0	10	15	10	
Side by Side, Large Thin	M,S,W	1 slice	240	10	13	5	25	0	30	10	710	31	25	9	0	0	5	12	0	6	15	10	
Side by Side, Medium Original	E,M,S,W	1 slice	220	8	10	3.5	18	0	25	8	640	28	27	10	1	4	5	10	0	4	10	10	
Side by Side, Medium Pan	E,M,S,W	1 slice	260	11	14	4	20	0	30	10	670	29	30	11	1	4	6	11	0	6	10	10	
Side by Side, Medium Thin	M,S,W	1 slice	170	7	9	3.5	18	0	20	7	510	22	18	7	0	0	3	8	0	4	10	6	
Side by Side, XL Original	E,M,S,W	1 slice	290	10	13	5	25	0	35	12	840	37	35	13	1	4	6	13	0	6	15	10	
Side by Side, XL Pan	E,M,S,W	1 slice	340	15	19	6	30	0	35	12	870	38	39	14	1	4	8	14	0	8	15	10	
Side by Side, XL Thin	M,S,W	1 slice	220	10	13	5	25	0	30	10	660	29	23	8	0	0	5	11	0	4	15	10	
The Greek, Large Original	E,M,S,W	1 slice	410	25	32	8	40	0	40	13	1090	47	38	14	1	4	4	16	0	25	20	10	
The Greek, Large Pan	E,M,S,W	1 slice	430	25	32	8	40	0	40	13	1260	55	43	16	1	4	5	18	0	8	20	10	
The Greek, Large Thin	M,S,W	1 slice	290	19	24	7	35	0	35	12	1040	45	25	9	0	0	2	14	0	4	20	10	
The Greek, Medium Original	E,M,S,W	1 slice	240	13	17	4.5	23	0	30	10	850	37	27	10	1	4	3	11	0	4	15	10	
The Greek, Medium Pan	E,M,S,W	1 slice	280	16	21	5	25	0	30	10	880	38	31	11	1	4	4	12	0	6	15	10	
The Greek, Medium Thin	M,S,W	1 slice	190	12	15	4.5	23	0	25	8	710	31	18	7	0	0	2	10	0	4	15	6	
The Greek, XL Original	E,M,S,W	1 slice	340	19	24	6	30	0	40	13	1160	50	36	13	1	4	4	16	0	6	20	10	
The Greek, XL Pan	E,M,S,W	1 slice	400	24	31	7	35	0	40	13	1180	51	39	14	1	4	5	16	0	8	20	10	
The Greek, XL Thin	M,S,W	1 slice	270	18	23	6	30	0	30	10	980	43	23	8	0	0	2	13	0	4	20	10	
Traditional, Large Original	E,M,S,W	1 slice	340	15	19	7	35	0	45	15	1020	44	36	13	1	4	5	15	0	10	15	10	
Traditional, Large Pan	E,M,S,W	1 slice	410	20	26	7	35	0	45	15	1060	46	41	15	1	4	6	16	0	15	15	10	
Traditional, Large Thin	M,S,W	1 slice	270	15	19	6	30	0	35	12	830	36	24	9	0	0	3	13	0	10	15	10	
Traditional, Medium Original	E,M,S,W	1 slice	240	11	14	4.5	23	0	30	10	720	31	26	9	1	4	4	11	0	8	10	10	
Traditional, Medium Pan	E,M,S,W	1 slice	280	13	17	5	25	0	30	10	750	33	30	11	1	4	5	11	0	10	10	10	
Traditional, MediumThin	M,S,W	1 slice	190	10	13	4.5	23	0	25	8	590	26	17	6	0	0	2	9	0	8	10	6	
Traditional, XL Original	E,M,S,W	1 slice	320	14	18	6	30	0	40	13	940	41	34	12	1	4	4	14	0	10	15	10	
Traditional, XL Pan	E,M,S,W	1 slice	370	19	24	7	35	0	40	13	960	42	37	13	1	4	6	14	0	15	15	10	
Traditional, XL Thin	M,S,W	1 slice	250	13	17	6	30	0	35	12	760	33	21	8	0	0	3	11	0	10	15	10	
GLUTEN FREE CRUST PIZZA																							
GF 12 Topping Classic, Medium	M,S	1 slice	170	11	14	4	20	0	25	8	520	23	5	2	0	0	3	7	0	10	8	6	
GF BBQ Chicken, Medium	M,S	1 slice	170	8	10	3	15	0	20	7	470	20	13	5	0	0	8	6	0	4	10	0	
GF Cheese, Medium	M,S	1 slice	100	5	6	3	15	0	15	5	240	10	3	1	0	0	1	4	0	4	10	0	
GF Chicken Bacon Ranch, Medium	M,S	1 slice	160	19	24	13	65	0	25	8	400	17	4	1	0	0	1	9	0	2	8	6	
GF Chicken Fajita, Medium	M,S	1 slice	110	6	8	2	10	0	10	3	380	17	5	2	0	0	1	4	0	6	6	0	
GF Figaro's Special, Medium	M,S	1 slice	140	9	12	4	20	0	25	8	460	20	3	1	0	0	2	7	0	4	6	6	
GF Garden Veggie, Medium	M,S	1 slice	100	6	8	2	10	0	10	3	250	11	4	1	0	0	2	3	0	8	6	0	
GF Garlic Chicken, Medium	E,M,S	1 slice	130	9	12	2.5	13	0	20	7	330	14	3	1	0	0	1	5	0	4	8	0	
GF Garlic Club, Medium	E,M,S	1 slice	150	17	22	11	55	0	30	10	410	18	3	1	0	0	1	10	0	2	8	0	
GF Hawaiian, Medium	M,S	1 slice	110	4.5	6	2	10	0	15	5	280	12	6	2	0	0	5	5	0	4	6	4	

Nutritional reports and analysis were compiled from the data supplied by Figaro's Italian Pizza, Inc® using Genesis® software, and The Food Processor software from ESHA Research, Salem, Oregon.



Figaro's Italian Pizza, Inc Nutritional Facts

PIZZA / CALZONE SIZES	SLICES	SERVES
Extra Large Pizza (XL) 16"	12	4-6
Large Pizza (LG) 14"	8	3-4
Medium Pizza (MED) 12"	8	2-3
Personal Pizza 8"	4	2
Family Calzone	6	3-4
Medium Calzone	4	2-3
Personal Calzone	2	1-2

Allergen Statement:

Items may contain [C]rustacean, [E]gg, [F]ish, [G]luten, [M]ilk, [MU]stard, [P]eanut, [SE]same seeds, [SH]ellfish, [S]oy, [T]ree nuts or [W]heat

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FIGARO'S NUTRITIONAL FACTS			% Daily Value																					
	Allergens	Serving Size Measure	Calories (kcal)	Fat (g)	Fat %	Saturated Fat (g)	Saturated Fat %	Trans Fatty Acid (g)	Cholesterol (mg)	Cholesterol %	Sodium (mg)	Sodium %	Carbohydrates (g)	Carbohydrates %	Dietary Fiber (g)	Dietary Fiber %	Total Sugars (g)	Protein (g)	Vitamin A %	Vitamin C %	Calcium %	Iron %		
GLUTEN FREE CRUST PIZZA (cont.)																								
GF Italian Combo, Medium	M,S	1 slice	130	9	12	3.5	18	0	20	7	360	16	3	1	0	0	2	6	0	10	8	6	6	
GF Mama's Favorite, Medium	M,S	1 slice	140	9	12	3.5	18	0	20	7	370	16	4	1	0	0	2	6	0	15	8	6	6	
GF Mario's Favorite, Medium	M,S	1 slice	150	10	13	3.5	18	0	20	7	440	19	4	1	0	0	1	5	0	4	6	0	0	
GF Mexican Fiesta, Medium (Not a GF pizza)	M,S,W	1 slice	180	10	13	4.5	23	0	25	8	590	26	9	3	0	0	1	7	0	2	10	0	0	
GF Papa's Supreme, Medium	M,S	1 slice	150	10	13	4	20	0	25	8	490	21	3	1	0	0	2	7	0	8	8	6	6	
GF Pepperoni, Medium	M,S	1 slice	130	8	10	3.5	18	0	20	7	340	15	3	1	0	0	1	5	0	4	6	0	0	
GF Pesto Chicken, Medium	M,S	1 slice	160	11	14	3.5	18	0	15	5	450	20	4	1	0	0	0	6	0	2	10	0	0	
GF Royal Hawaiian, Medium	M,S	1 slice	110	10	13	7	35	0	20	7	320	14	5	2	0	0	4	7	0	4	6	0	0	
GF Santa Fe BBQ Chicken, Medium	M,S	1 slice	130	5	6	2	10	0	10	3	350	15	11	4	0	0	7	4	0	4	6	0	0	
GF Side by Side, Medium	M,S	1 slice	110	6	8	3	15	0	15	5	300	13	4	1	0	0	3	5	0	4	6	0	0	
GF Greek, Medium	M,S	1 slice	180	15	19	5	25	0	25	8	600	26	5	2	0	0	1	8	0	4	15	0	0	
GF Traditional, Medium	M,S	1 slice	140	9	12	3.5	18	0	20	7	380	17	3	1	0	0	1	5	0	8	8	0	0	
BUILD YOUR OWN INGREDIENTS																								
CRUST																								
12" Medium GF (11 oz)	-	1 crust	170	6	8	1	5	0	0	0	100	4	2	1	0	0	0	2	0	0	0	0	0	0
12" Medium Original (14 oz)	E,M,S,W	1 crust	970	10	13	1.5	8	0	40	13	2410	105	185	67	5	18	16	34	0	10	6	60	0	
14" Large Original (19 oz)	E,M,S,W	1 crust	1320	13	17	2	10	0	55	18	3270	142	252	92	7	25	22	46	0	15	8	70	0	
16" XL Original (27 oz)	E,M,S,W	1 crust	1880	18	23	2.5	13	0	75	25	4650	202	358	130	10	36	31	65	0	20	10	110	0	
12" Medium Gluten Free (6.5 oz)	-	1 crust	170	6	8	1	5	0	0	0	100	4	2	1	0	0	0	2	0	0	0	0	0	
12" Medium Pan (16 oz)	E,M,S,W	1 crust	1170	18	23	3.5	18	0	45	15	2650	115	212	77	6	21	24	39	0	25	6	60	0	
14" Large Pan (22 oz)	E,M,S,W	1 crust	1610	24	31	4.5	23	0	60	20	3640	158	291	106	8	29	33	54	0	35	8	80	0	
16" XL Pan (30 oz)	E,M,S,W	1 crust	2200	33	42	6	30	0	80	27	4960	216	397	144	11	39	45	73	0	50	10	110	0	
CRUST																								
8" Personal Original (6 oz)	E,M,S,W	1 crust	420	4	5	0.5	3	0	15	5	1030	45	79	29	2	7	7	14	0	4	2	20	0	
12" Medium Thin (8 oz)	M,S,W	1 crust	560	5	6	1	5	0	0	0	1330	58	112	41	0	0	6	19	0	2	4	40	0	
14" Large Thin (11 oz)	M,S,W	1 crust	770	7	9	1	5	0	0	0	1830	80	154	56	0	0	9	27	0	2	4	60	0	
16" XL Thin (21 oz)	M,S,W	1 crust	1050	9	12	1.5	8	0	0	0	2490	108	210	76	0	0	12	36	0	4	6	80	0	
SAUCE																								
Figaro's Pizza Sauce (M=4oz, L=5oz, XL=6.75 oz)	S	1 oz.	15	0	0	0	0	0	0	0	85	4	3	1	0	0	3	0	0	6	0	0	0	
BBQ Sauce (M=2.25 oz, L=4.5oz, XL=6.75oz)	S	1 oz.	60	0	0	0	0	0	0	0	160	7	16	6	0	0	14	0	0	0	0	15	0	
Creamy Garlic Sauce (M=3.75oz, L=5oz, XL=7.5 oz)	E,M,S	1 oz.	120	12	15	2	10	0	15	5	170	7	2	1	0	0	0	0	0	2	6	0	0	
Pesto Sauce (M=2.5oz, L=5oz, XL=7.5 oz)	M	1 oz.	90	9	12	1.5	8	0	5	2	200	9	1	0	0	0	2	2	0	2	6	0	0	
Picante Bean Sauce (M=2.5oz, L=5oz, XL=7.5oz)	W	1 oz.	20	0	0	0	0	0	0	0	180	8	3	1	0	0	1	1	0	2	0	0	0	
CHEESE																								
Cheese, Mozzarella (M=6oz, L=9oz, XL=12oz)	M	1 oz.	80	6	8	3.5	18	0	20	7	240	10	1	0	0	0	0	5	0	0	10	0	0	
TOPPINGS																								
MEATS																								
Bacon	-	1 oz	120	53	68	53	265	0	40	13	430	19	0	0	0	0	0	24	0	0	0	0	0	
Beef	-	1 oz	80	7	9	2.5	13	0.5	20	7	340	15	1	0	0	0	0	5	0	0	0	0	6	
Canadian Bacon (4 slices)	-	1 oz	30	0.5	1	0	0	0	15	5	260	11	1	0	0	0	1	5	0	0	0	0	0	
Chicken	-	1 oz.	70	4	6	0.5	3	0	5	2	350	15	6	2	0	0	1	3	0	0	0	2	0	
Linguica	-	1 oz.	70	4	6	1.5	8	0.9	25	8	240	10	1	0	0	0	0	8	0	0	0	0	0	
Pepperoni (16 slices)	-	1 oz.	150	14	18	6	30	0	30	10	520	23	1	0	0	0	0	6	0	0	0	0	0	
Salami (6 slices)	-	1 oz.	100	8	10	3	15	0	25	8	520	23	0	0	0	0	0	6	0	0	0	0	0	
Sausage	-	1 oz.	80	7	9	2.5	13	0	15	5	230	10	1	0	0	0	0	4	0	20	2	0	0	
ADDITIONAL TOPPINGS																								
Artichokes	-	1 oz.	90	6	8	0	0	0	0	0	560	24	9	3	0	0	1	2	0	6	6	0	6	
Jalapeno	-	1 oz.	10	0	0	0	0	0	0	0	470	20	1	0	0	0	0	0	0	2	0	0	0	
Mushroom	-	1 oz.	5	0	0	0	0	0	0	0	0	0	1	0	0	0	1	1	0	2	0	0	0	
Olives	-	1 oz	45	4.5	6	0	0	0	0	0	220	10	2	1	0	0	0	0	0	0	0	0	0	
Onion, red	-	1 oz	10	0	0	0	0	0	0	0	0	0	3	1	0	0	1	0	0	2	0	0	0	
Peppers, green	-	1 oz	5	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	25	0	0	0	
Pineapple, tidbits	-	1 oz.	20	0	0	0	0	0	0	0	0	0	6	2	0	0	5	0	0	4	0	0	0	
Tomato, fresh	-	1 oz.	5	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	6	0	0	0	
Tomato, sun dried	-	1 oz.	70	1	1	0	0	0	0	0	30	1	16	6	3	11	11	4	2	10	2	15	0	

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Figaro's Italian Pizza, Inc Nutritional Facts

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PIZZA / CALZONE SIZES	SLICES	SERVES
Extra Large Pizza (XL) 16"	12	4-6
Large Pizza (LG) 14"	8	3-4
Medium Pizza (MED) 12"	8	2-3
Personal Pizza 8"	4	2
Family Calzone	6	3-4
Medium Calzone	4	2-3
Personal Calzone	2	1-2

FIGARO'S NUTRITIONAL FACTS			% Daily Value																				
	Allergens	Serving Size Measure	Calories (kcal)	Fat (g)	Fat %	Saturated Fat (g)	Saturated Fat %	Trans Fatty Acid (g)	Cholesterol (mg)	Cholesterol %	Sodium (mg)	Sodium %	Carbohydrates (g)	Carbohydrates %	Dietary Fiber (g)	Dietary Fiber %	Total Sugars (g)	Protein (g)	Vitamin A %	Vitamin C %	Calcium %	Iron %	
CALZONE (Family = 6 slices, Medium = 4 slices, Personal = 2 slices)																							
Family Calzone, Beef	E,M,S,W	1 slice	270	15	19	5	25	0	35	12	810	35	24	9	1	4	3	11	0	2	10	10	6
Family Calzone, Chicken	E,M,S,W	1 slice	270	13	17	4	20	0	25	8	820	36	28	10	1	4	3	11	0	2	10	6	6
Family Calzone, Combination	E,M,S,W	1 slice	260	14	18	5	25	0	30	10	730	32	25	9	1	4	3	11	0	10	10	6	6
Family Calzone, Meat	E,M,S,W	1 slice	340	21	27	8	40	0	50	17	990	43	24	9	1	4	2	15	0	15	10	10	10
Family Calzone, Sausage	E,M,S,W	1 slice	270	15	19	5	25	0	30	10	750	33	25	9	1	4	3	11	0	15	10	6	6
Family Calzone, Veggie	E,M,S,W	1 slice	310	13	17	4.5	23	0	25	8	790	34	36	13	1	4	4	11	0	8	15	10	10
Medium Calzone, Beef	E,M,S,W	1 slice	340	16	21	6	30	0	40	13	930	40	35	13	1	4	3	14	0	2	15	10	10
Medium Calzone, Chicken	E,M,S,W	1 slice	320	12	15	4.5	23	0	45	15	1000	43	36	13	1	4	4	16	0	4	15	10	10
Medium Calzone, Combination	E,M,S,W	1 slice	350	16	21	6	30	0	40	13	910	40	35	13	1	4	4	14	0	10	15	10	10
Medium Calzone, Meat	E,M,S,W	1 slice	360	18	23	8	40	0	45	15	950	41	34	12	1	4	3	15	0	6	15	10	10
Medium Calzone, Sausage	E,M,S,W	1 slice	340	16	21	6	30	0	40	13	880	38	35	13	1	4	4	14	0	15	15	10	10
Medium Calzone, Veggie	E,M,S,W	1 slice	310	13	17	4.5	23	0	25	8	790	34	36	13	1	4	4	11	0	8	15	10	10
Personal Calzone, Cheese	E,M,S,W	1 slice	300	13	17	6	30	0	35	12	680	30	34	12	1	4	3	13	2	2	20	10	10
Personal Calzone, Chicken	E,M,S,W	1 slice	330	15	19	5	25	0	30	10	940	41	37	13	1	4	4	13	0	2	15	10	10
Personal Calzone, Meat	E,M,S,W	1 slice	400	21	27	9	45	0	55	18	1100	48	35	13	1	4	3	17	0	10	15	10	10
LASAGNA (Regular size serves 3-4, family size serves 6-8)																							
Lasagna, Beef (regular - 4 svgs)	M,S,W	1 svg	490	23	29	12	60	0.5	75	25	1180	51	46	17	0	0	8	25	2	70	45	30	30
Lasagna, Beef (family - 8 svgs)	M,S,W	1 svg	480	23	29	12	60	0.5	75	25	1130	49	45	16	0	0	7	25	2	60	45	30	30
Lasagna, Sausage (regular - 4 svgs)	M,S,W	1 svg	390	19	24	11	55	0.5	65	22	690	30	36	13	0	0	2	21	2	0	40	10	10
Lasagna, Sausage (family - 8 svgs)	M,S,W	1 svg	480	23	29	12	60	0.5	70	23	1110	48	45	16	0	0	8	25	2	60	45	30	30
WINGS - BONELESS																							
Buffalo Hot Boneless Wings	M,S,W	4 oz	310	9	12	1.5	8	0	60	20	2620	114	18	7	0	0	1	24	0	15	0	6	6
Honey BBQ Boneless Wings	W	4 oz	370	9	12	1.5	8	0	60	20	1020	44	49	18	0	0	29	24	0	8	0	40	40
Hot Spicy Boneless Wings	M,S,W	4 oz	370	18	23	2.5	13	0	60	20	2070	90	19	7	0	0	2	24	0	10	0	6	6
Plain-Boneless Wings	W	4 oz	250	9	12	1.5	8	0	60	20	690	30	18	7	0	0	1	24	0	0	0	6	6
Sweet Red Chili Boneless Wings	M,S,W	4 oz	370	10	13	1.5	8	0	60	20	1270	55	48	17	0	0	27	24	0	8	0	6	6
Teriyaki Boneless Wings	S,W	4 oz	340	9	12	1.5	8	0	60	20	1370	60	38	14	0	0	20	25	0	0	0	6	6
WINGS - BONE IN																							
Buffalo Hot Wings	M,S	1 pc	80	5	6	1.5	8	0	35	12	340	15	0	0	0	0	0	6	0	2	0	0	0
Honey BBQ Wings	-	1 pc	80	5	6	1.5	8	0	35	12	180	8	3	1	0	0	3	6	0	2	0	6	6
Hot Spicy Wings	M,S	1 pc	80	6	8	1.5	8	0	35	12	280	12	0	0	0	0	0	6	0	2	0	0	0
Plain-Oven Roasted Wings	-	1 pc	70	5	6	1.5	8	0	35	12	150	7	0	0	0	0	0	6	0	0	0	0	0
Sweet Red Chili Wings	M,S,W	1 pc	80	5	6	1.5	8	0	35	12	200	9	3	1	0	0	3	6	0	2	0	0	0
Teriyaki Wings	S,W	1 pc	80	5	6	1.5	8	0	35	12	210	9	2	1	0	0	2	6	0	0	0	0	0
BREADSTICKS																							
Breadsticks	E,M,S,W	1 stick	120	4	5	1	5	0	5	2	260	11	17	6	0	0	1	4	0	2	4	6	6
Cheesy Breadsticks	E,M,S,W	1 stick	130	5	6	1.5	8	0	10	3	300	13	17	6	0	0	1	5	0	2	6	6	
CinnaStix	E,S,W	1 stick	140	3.5	4	0	0	0	5	2	240	10	27	10	0	0	8	3	0	2	4	6	
Marinara Sauce for dipping	M	3 oz	60	1.5	2	0	0	0	0	0	370	16	10	4	0	0	6	2	0	60	6	20	
Creamy Garlic Sauce for dipping	E,M,S,W	2 oz	240	24	31	4.5	23	0	25	8	350	15	5	2	0	0	0	1	0	0	2	10	
Garlic Cup for dipping	S	1.25 oz	200	23	29	3.5	18	0	0	0	310	13	0	0	0	0	0	0	0	0	0	0	
Garlic Sauce for dipping	S	1.25 oz	300	35	45	3.5	18	0	0	0	270	12	1	0	0	0	0	0	0	0	0	0	
DESSERT																							
Chocolate Chip Cookie (1 cookie)	E,M,S,W	1.5 oz	200	9	12	4	20	0	10	3	135	6	26	9	0	0	17	2	0	0	0	6	
Chocolate Chip Cookie (1 cookie)	E,M,S,W	2 oz	260	12	15	5	25	0	10	3	180	8	34	12	0	0	22	2	0	0	0	6	
Chocolate Chip Cookie Dough (uncooked)	E,M,S,W	1 pound	2110	97	124	40	200	0	80	27	1460	63	275	100	0	0	178	16	0	0	0	35	
Pizza Brownie (Stella's)	E,M,S,W	1.2 oz	150	7	9	1.5	8	0	0	1	45	2	20	7	1	3	14	1	0	0	0	4	
Pizza Cookie (Stella's)	E,M,S,W	1 oz	130	7	9	3	15	0	0	0	95	4	16	6	1	2	8	1	0	0	0	4	
JO JO'S																							
Jo Jo's Potato Wedges	S,W	4 oz	190	8	10	1.5	8	0	0	0	510	22	25	9	0	0	0	3	0	0	0	6	
MOZZARELLA STICKS																							
Mozzarella Sticks	M,W	1 stick	90	4.5	6	2	10	0	10	3	290	13	9	3	0	0	2	4	0	0	8	0	
Marinara Sauce for dipping	M	3 oz	60	1.5	2	0	0	0	0	0	370	16	10	4	0	0	6	2	0	60	6	20	

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Figaro's Italian Pizza, Inc Nutritional Facts

Allergen Statement:

Items may contain [C]rustacean, [E]gg, [F]ish, [G]luten, [M]ilk, [MU]stard, [P]eanut, [SE]same seeds, [SH]ellfish, [S]oy, [T]ree nuts or [W]heat

3/2/2021

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PIZZA / CALZONE SIZES	SLICES	SERVES
Extra Large Pizza (XL) 16"	12	4-6
Large Pizza (LG) 14"	8	3-4
Medium Pizza (MED) 12"	8	2-3
Personal Pizza 8"	4	2
Family Calzone	6	3-4
Medium Calzone	4	2-3
Personal Calzone	2	1-2

FIGARO'S NUTRITIONAL FACTS	Allergens	Serving Size Measure	Calories (kcal)	% Daily Value																
				Fat (g)	Fat %	Saturated Fat (g)	Saturated Fat %	Trans Fatty Acid (g)	Cholesterol (mg)	Cholesterol %	Sodium (mg)	Sodium %	Carbohydrates (g)	Carbohydrates %	Dietary Fiber (g)	Dietary Fiber %	Total Sugars (g)	Protein (g)	Vitamin A %	Vitamin C %

SALADS and DRESSINGS																						
Caesar (serves 4)	E,F,M,S,W	1 svg	180	15	19	3	15	0	15	5	230	10	7	3	1	4	3	3	25	4	6	6
Caesar, Antipasto (serves 4)	E,F,M,S,W	1 svg	210	20	26	5	25	0	35	12	590	26	8	3	1	4	3	8	25	6	10	6
Caesar, Chicken (serves 4)	E,F,M,S,W	1 svg	240	18	23	3.5	18	0	20	7	490	21	11	4	1	4	3	6	25	4	6	6
Garden Salad, personal	-	1 salad	60	2.5	3	0	0	0	0	0	130	6	8	3	1	4	3	2	0	20	2	6
Garden Salad, family (serves 4)	-	1 svg	35	0.5	1	0	0	0	0	0	45	2	6	2	0	0	2	1	0	20	2	6
Blue Cheese Dressing 1.5 oz pkt	E,M	1 pkt	230	24	31	4.5	23	0	20	7	320	14	2	1	0	0	2	1	0	0	2	0
Blue Cheese Dressing	E,M,S	2 oz	280	30	38	6	30	0	20	7	400	17	2	1	0	0	2	2	0	0	2	0
Buttermilk Ranch Dressing	E,M,S	2 oz	290	29	37	5	25	0	15	5	530	23	1	0	0	0	1	1	0	0	2	0
Buttermilk Ranch Dressing 1.5 oz pkt	E,M,S	1 pkt	230	24	31	3.5	18	0	10	3	220	10	2	1	0	0	2	1	0	0	4	0
Caesar Dressing	E,F,M,S,W	2 Tbsp	170	16	21	3	15	0	15	5	190	8	2	1	0	0	2	1	0	0	0	0
Caesar Dressing 1.5 oz pkt	E,F,M,S,W	1 pkt	160	16	21	3	15	0	20	7	440	19	3	1	0	0	2	2	0	0	4	0
Lite Italian Dressing 1.5 oz pkt	S	1 pkt	45	3.5	4	0.5	3	0	0	0	530	23	3	1	0	0	3	0	0	0	0	0
Thousand Island Dressing 1.5 oz pkt	E,S	1 pkt	190	18	23	3	15	0	20	7	370	16	6	2	0	0	4	0	0	0	0	0

FIGARO'S SANDWICHES																						
BBQ Chicken	M, S	1 sandwich	320	13	17	7	35	0	75	25	1420	62	28	10	1	4	25	23	4	20	25	6
BBQ sauce, cheese, chicken, tomato & lettuce																						
Chicken Bacon Ranch	E, M, MU, S	1 sandwich	420	71	91	61	305	0	120	40	1770	77	9	3	1	4	4	47	4	15	30	6
Creamy garlic ranch sauce, cheese, chicken, real bacon, tomato, onion & lettuce																						
Chicken Club	E, M, MU, S	1 sandwich	480	65	83	49	245	0	130	43	1840	80	13	5	2	7	5	46	4	15	30	10
Creamy garlic ranch sauce, cheese, Canadian Bacon, chicken, real bacon, tomato, onion & lettuce																						
Classic Italian	E, M, MU, S	1 sandwich	570	53	68	20	100	0	125	42	1880	82	14	5	2	7	8	29	4	15	25	6
Mayo, mustard, cheese, Canadian Bacon, salami, pepperoni, tomato, onion & lettuce																						
Meatball	M,S	1 sandwich	610	44	56	17	85	0	115	38	1780	77	19	7	0	0	3	41	0	35	40	35
Marinara sauce, meatballs, cheese																						
Meaty Sicilian (w/olives)	M,S	1 sandwich	470	36	46	14	70	1	90	30	1690	73	12	4	0	0	5	24	0	40	30	10
Pizza sauce, cheese, sausage, beef, olives & onion																						
Meaty Sicilian (w/pepperoncini)	M,S	1 sandwich	430	31	40	14	70	1	90	30	1940	84	12	4	0	0	6	24	0	40	30	15
Pizza sauce, cheese, sausage, beef, pepperoncini & onion																						
Milano Chicken	E, M, MU, S	1 sandwich	450	30	38	10	50	0	105	35	1560	68	13	5	2	7	7	28	4	15	30	6
Mayo, mustard, cheese, chicken, tomato, onion & lettuce																						
Roman Ham & Cheese	E, M, MU, S	1 sandwich	410	29	37	10	50	0	80	27	1160	50	13	5	2	7	7	21	4	15	25	6
Mayo, mustard, cheese, Canadian Bacon, tomato, onion & lettuce																						
Vegetarian	E, M, MU, S	1 sandwich	420	35	45	10	50	0	55	18	980	43	13	5	1	4	6	12	2	15	25	0
Mayo, mustard, cheese, olives, mushroom, tomato, onion & lettuce																						
Venetian BLT	E, M, MU, S	1 sandwich	710	186	238	168	840	0	175	58	1920	83	9	3	1	4	6	84	4	15	25	0
Mayo, mustard, cheese, bacon, tomato & lettuce																						
If substituting dijon mustard for yellow mustard, add the following nutrients to the sandwich:	M	.5 oz	15	0	0	0	0	0	0	0	110	4	3	1	0	0	0	0	0	0	0	0
If substituting Creamy Garlic Sauce for mayo and mustard, add the following nutrients to the sandwich:	E,M,S,W	1 oz	20	2	3	0	0	0	5	1	-110	5	2	1	0	0	0	0	0	0	0	0

SANDWICH BREAD (add selected bread nutritional info to selected sandwich above)																						
Figaro's Original Crust	E,S,W	7.5 oz	520	5	8	0.5	3	0	20	7	1290	54	99	33	0	0	9	18	0	8	4	30
Ciabatta Bread 4"x4"	W	3 oz	220	2.5	4	0.5	3	0	0	0	420	18	41	14	1	4	1	7	0	0	0	15
French Bread	S,W	5.3 oz	370	1.5	2	0	0	0	0	0	740	31	71	24	3	12	0	13	0	0	6	25

FOUNTAIN BEVERAGES																						
Pepsi®		16 oz	150	0	0	0	0	0	0	0	30	1	42	14	0	0	42	0	0	0	0	0
Pepsi®		22 oz	210	0	0	0	0	0	0	0	40	2	58	19	0	0	58	0	0	0	0	0
Pepsi®		32 oz	300	0	0	0	0	0	0	0	60	3	84	27	0	0	84	0	0	0	0	0
Pepsi® Wild Cherry		16 oz	150	0	0	0	0	0	0	0	30	2	42	14	0	0	42	0	0	0	0	0
Pepsi® Wild Cherry		22 oz	210	0	0	0	0	0	0	0	40	2	58	19	0	0	58	0	0	0	0	0
Pepsi® Wild Cherry		32 oz	300	0	0	0	0	0	0	0	60	3	84	27	0	0	84	0	0	0	0	0
Diet Pepsi®		16 oz	0	0	0	0	0	0	0	0	40	2	0	0	0	0	0	0	0	0	0	0
Diet Pepsi®		22 oz	0	0	0	0	0	0	0	0	50	2	0	0	0	0	0	0	0	0	0	0
Diet Pepsi®		32 oz	0	0	0	0	0	0	0	0	75	3	0	0	0	0	0	0	0	0	0	0
Mountain Dew®		16 oz	170	0	0	0	0	0	0	0	55	2	44	15	0	0	44	0	0	0	0	0
Mountain Dew®		22 oz	230	0	0	0	0	0	0	0	70	2	60	21	0	0	60	0	0	0	0	0
Mountain Dew®		32 oz	330	0	0	0	0	0	0	0	105	3	87	30	0	0	87	0	0	0	0	0
Diet Mountain Dew®		16 oz	0	0	0	0	0	0	0	0	60	3	0	0	0	0	0	0	0	0	0	0
Diet Mountain Dew®		22 oz	0	0	0	0	0	0	0	0	85	4	0	0	0	0	0	0	0	0	0	0
Diet Mountain Dew®		32 oz	0	0	0	0	0	0	0	0	120	6	0	0	0	0	0	0	0	0	0	0
Mountain Dew® Code Red		16 oz	170	0	0	0	0	0	0	0	55	2	47	15	0	0	47	0	0	0	0	0

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Figaro's Italian Pizza, Inc Nutritional Facts

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FIGARO'S NUTRITIONAL FACTS	Allergens	Serving Size Measure	Calories (kcal)	Fat (g)	Fat %	Saturated Fat (g)	Saturated Fat %	Trans Fatty Acid (g)	Cholesterol (mg)	Cholesterol %	Sodium (mg)	Sodium %	Carbohydrates (g)	Carbohydrates %	Dietary Fiber (g)	Dietary Fiber %	Total Sugars (g)	Protein (g)	% Daily Value			
																			Vitamin A %	Vitamin C %	Calcium %	Iron %
FOUNTAIN BEVERAGES (cont.)																						
Mountain Dew® Code Red		22 oz	230	0	0	0	0	0	0	0	70	2	64	21	0	0	64	0	0	0	0	
Mountain Dew® Code Red		32 oz	330	0	0	0	0	0	0	0	105	3	93	30	0	0	93	0	0	0	0	
Mug® Root Beer		16 oz	150	0	0	0	0	0	0	0	25	2	39	14	0	0	39	0	0	0	0	
Mug® Root Beer		22 oz	210	0	0	0	0	0	0	0	30	2	54	19	0	0	54	0	0	0	0	
Mug® Root Beer		32 oz	300	0	0	0	0	0	0	0	45	3	78	27	0	0	78	0	0	0	0	
Sierra Mist®		16 oz	150	0	0	0	0	0	0	0	30	2	41	14	0	0	41	0	0	0	0	
Sierra Mist®		22 oz	210	0	0	0	0	0	0	0	40	2	56	19	0	0	56	0	0	0	0	
Sierra Mist®		32 oz	300	0	0	0	0	0	0	0	60	3	81	27	0	0	81	0	0	0	0	
Sierra Mist® Free		16 oz	0	0	0	0	0	0	0	0	40	2	0	0	0	0	0	0	0	0	0	
Sierra Mist® Free		22 oz	0	0	0	0	0	0	0	0	50	2	0	0	0	0	0	0	0	0	0	
Sierra Mist® Free		32 oz	0	0	0	0	0	0	0	0	75	3	0	0	0	0	0	0	0	0	0	

Due to variations in sodium contributions from water, the sodium level of our fountain beverages may vary.
 Actual nutritional values will vary based upon cup fill level, type and precise amount of ice, and fountain equipment performance.
 The fountain beverage nutritional values listed are based upon beverage cup filled half full with ice.

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